

## SPLIT LEAD AND RE-OFFER

The split lead and reoffer provides quick passing options to move the ball down court. Two players provide a split lead, moving in separate directions for the one pass. Then the player who did not receive the ball reoffers, making another lead to receive the second pass.

TEACHING POINTS	COMMON ERRORS
<ul style="list-style-type: none"> <li>• Refer to teaching points provided for the straight lead, either directly forward or at an angle (Foundation Course)</li> <li>• The back person must maintain vision of the front person and lead in a different direction</li> <li>• The reoffer is a change of direction (Foundation Course)</li> <li>• Once the pass has been taken, the player without the ball changes direction and reoffers for the next pass</li> </ul>	<ul style="list-style-type: none"> <li>• See errors provided for the selected attacking move</li> <li>• Back player leads before the front player and therefore leads in the same direction</li> <li>• Back player does not 'read off' the front player and therefore leads in the same direction</li> </ul>

### 1. Explanation and Demonstration

#### 2. Basic Movement / No Equipment

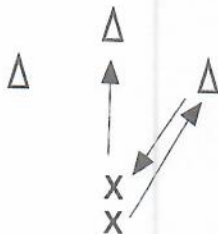
In pairs, one person stands behind the other.

Front player makes a lead either forward or to the left or right; back person reads off the front player and makes a lead in a different direction. Ensure that the front person does not take too long to lead, as the thrower only has 3 seconds to deliver the ball. Reset, working down the court and changing positions.

#### 3. Basic movement with equipment

Split and reoffer.

- Front player makes a lead either forward or to the left or right and drives to the cone; back person reads off and makes a different lead to a different cone. The back person then changes direction at the cone and drives back towards the initial starting position



- Repeat with the front person making the change of direction at a cone. Driving back could be to the initial starting position or more to the side space down court or even up court if it was a defenders lead.

#### 4. Add a ball

Place a thrower in front of the pair, and remove cones. Players to perform a split lead, player who does not receive first pass must reoffer down court. Vary the angles of leads and which player receives the first ball.

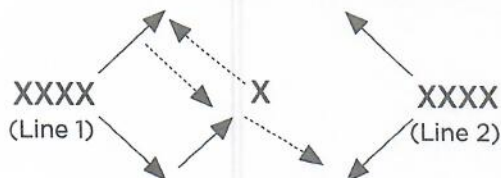
#### 5. Add an opponent

- Add one defender. First pass must go to the undefended player; this player must then reoffer and beat the defender with a strong change of direction. Defence to start passive and increase to active.
- Add a second defender.

## SPLIT AND REOFFER

Can be used to practise the following skills: chest or shoulder pass, catch, take off, timing, split and reoffer.

- Players form two lines facing each other
- Ball starts in middle but drill becomes continuous after first pass
- First two players in line (Line 1) split lead and reoffer for ball, second person to receive ball passes to split lead in other line, players then join end of line opposite



Variations:

- Type of pass
- Distance of pass

## PINGS

Can be used to practise the following skills: chest, shoulder or bounce pass, catch, take off, timing and dodging.

- Players form two lines facing each other
- Each line alternately leads for ball, then passes to next person in other line, player then joins end of line opposite



Variations:

- Type of pass
- Distance of pass
- Preliminary move prior to receiving ball - e.g. dodge

## ATTACKING OPTIONS DRILL

Can be used to practise the following skills: chest, shoulder and lob pass, fake, catch, straight lead, preliminary moves (e.g. dodge, roll etc) hands over, split and reoffer and double play.

This drill can be gradually built up. Initially start with two lines facing each other either side of the centre third, each line alternately leads out (forward or either side) receives the ball, pivots and passes the ball to their own line, rejoining own line. Can add preliminary moves.

- Add players who pass the ball back to own line, then runs to defend pass.
- Add split-lead, one attacker receives pass, pivots and passes to other attacker on drive back towards own line, attacker passes to own line and defends next pass
- Add one defender on to split lead - first pass goes to undefended player
- Add the attacker trying to do the reoffer cannot get the cut; they therefore receive a parallel pass and double play the ball back to the first attacker.
- Add 2 defenders, attackers can compete a straight split and reoffer or include the double play.

